

March 2017 Menu

Saint Joseph Parish School

++NOTE: In addition to the menu listed, all meals also include several choices of canned fruit, fresh fruit and raw veggies, and a choice of low fat or FF milk. All grains are whole wheat or whole grain.



Mon	Tue	Wed	Thu	Fri
<p>Visit www.Growing-Minds.org for lots of kid friendly recipes featuring local produce! Grafton area schools' "vegetable of the month" is Brussel Sprouts; look for a display of the featured vegetable in your local grocery stores.</p>		<p>1 <i>Celebrate Dr. Seuss!</i> Stuffed Crust Cheese Pizza Leafy Lorax Salad One Fish, Two Fish" Goldfish Crackers ++additional fruits & Truffula Treetop Broccoli</p>	<p>2 Chicken Tenders w/dipping sauce Fluffy Mashed Potato Green Bean Bake ++additional fruits Saucy Strawberries</p>	<p>3 Cheese Flatbread Pizza Dippers Italian Dipping Sauce Romaine Garden Salad w/Fresh Spinach Greens Soft Baked Bread Stick ++additional fruits and vegetables</p>
<p>6 NO SCHOOL</p>	<p>7 Turkey Corndog "Puppies" w/ Mellow Macaroni & Cheese & Popping Green Peas ++additional fruits and vegetables</p>	<p>8 Ham & Cheese "Deli Stacker" on a Baked Sandwich Roll with a sub sandwich toppings bar including Pepper Strips, Sliced Tomatoes & Shredded Romaine Oven Crisp Tater Tots ++additional fruits</p>	<p>9 <i>Oriental Menu</i> Choice of Orange Chicken Bites OR Teriyaki Chicken Strips over fluffy rice Steamed Broccoli Pineapple & Mandarin Orange Mix ++additional fruits & Baby carrots</p>	<p>10 Mozzarella "Max" Breadsticks with Sauce to Dip Romaine Garden Salad "Pop in your mouth" tomatoes Applesauce Cups ++additional fruits</p>
<p>13 French Toast Sticks Scrambled Eggs OR Yummy Rainbow Yogurt Hash Brown Patty Assorted Fruit & Veg Juices Warm Cinnamon Apples</p>	<p>14 Oven Toasted Cheese Sandwich* Creamy Tomato Soup w/ Goldfish Crackers Broccoli raisin salad ++ additional fruits</p>	<p>15 "Walking Taco in a Bag" Taco meat & Shredded Cheese served over NACHO chips in a bag... you add toppings of shredded romaine, diced tomato, salsa and sour cream. Plus Kickin' Refried Beans & Strawberry Applesauce Gelatin ++additional fruits</p>	<p>16 Popcorn Chicken w/dipping sauce Fluffy Mashed Potato Steamed Green Beans ++additional fruits</p>	<p>17 <i>St Patrick's Day</i> "Wild O'Mike's" Cheese Pizza Shamrock Garden Salad w/Fresh Spinach Greens "Pop in your mouth" Tomatoes Lucky Lime Sherbet ++ additional fruits</p>
<p>20 Turkey Corndog "Puppies" w/ Mellow Macaroni & Cheese & Popping Green Peas ++additional fruits and vegetables</p>	<p>21 Ham & Cheese Melt on a Soft Baked Pretzel Roll Krinkle Kut Fries Creamy Coleslaw ++ additional fruits</p>	<p>22 "Macho" Your Nachos with toppings of taco flavored beef, mild cheese sauce, diced tomato, and more. Served with Romaine Garden Salad & Zesty Refried Beans Fruit-filled Churro Stick* ++additional fruits</p>	<p>23 Oven Baked Chicken Nuggets* Savory Ranch Potato Wedges Broccoli w/ cheese sauce ++additional fruits</p>	<p>24 Cheese Flatbread Pizza Dippers Romaine Garden Salad Soft Baked Bread Stick Italian Dipping Sauce ++additional fruits and Baby Carrots</p>
<p>27 <i>Coyote Grill's</i> Mini Cheese Quesadilla's* with toppings of salsa & sour cream Romaine Garden Salad "Pop in your mouth" Tomatoes Additional Fruits including "Crazy Craisin" Mix</p>	<p>28 French Toast Sticks* Scrambled Eggs OR Yummy Rainbow Yogurt Savory Breakfast Potato Cubes Assorted Fruit & Veg Juices Saucy Strawberries</p>	<p>29 Popcorn Chicken* w/dipping sauce Fluffy Mashed Potato Riviera Vegetable Blend ++additional fruits</p>	<p>30 All-Beef Hot Dog on Bun* Bush's Vegetarian Baked Beans Thin Cut Fries ++additional fruits and crunchy carrots</p>	<p>31 Cheese Pizza Square * Romaine Garden Salad w/Fresh Spinach Greens & Cool Cucumber Slices Frosty Fruit Juice Sherbet ++ additional fruits</p>

We reserve the right to make item substitutions if necessary

Applications for free and reduced price lunches are available throughout the school year. Please contact your school office for more information.

This institution is an equal opportunity provider.