

Washington-Ozaukee Catholic Conference - Volleyball

2017-18 Rules

Approved: 7-20-17

1. The Washington-Ozaukee Catholic Conference-Volleyball is governed by all general rules and guidelines of the Washington-Ozaukee Catholic Conference and Archdiocese of Milwaukee. WIAA Rules of Play will be followed except when superseded by a stated rule below.

2. Each school/parish shall establish an official roster for each team it sponsors. A player may be listed on one and only one roster in the league. Only those players listed on a team's official roster may compete as part of that team. All additions to the roster must be approved by the league and Archdiocese. Official rosters are maintained locally. If a school establishes two teams at a given level, the players shall be divided to provide teams of equal ability. The League does not utilize an A/B team format.

Girls teams shall be established by grade levels: 5th, 6th, 7th, and 8th. Boys teams shall be combined squads: 5th/6th and 7th/8th. Players may move up a grade but not down (eg.: for girls, 5th grade players can move up to a 6th grade team, however, 6th grade players cannot move down to a 5th grade team). Failure to follow this rule will result in forfeiture of the game. A team may begin play with a minimum of five (5) players.

Under certain circumstances, the league may provide a specific waiver regarding rosters at the organizational meeting, to be followed by approval of the Archdiocese.

3. Knee pads are optional not required. Players may not wear any jewelry or metal. Plain hair clips, bobby pins, soft scrunchies, and two ribbons may be allowed to hold hair back.

4. There **should** be one lead WIAA certified referee at all times. Referees must have a scorecard at all times. Line judges are optional for 5th and 6th grade games and required for 7th and 8th grade games. Line judges must be 7th grade or above. Line judges may not use chairs, stools or any items which may interfere with play, and should be placed in opposite corners of the servers.

5. Three games are played, but played as a match. Rally scoring shall be used at all grade levels. Games are played to a 25-point win, provided it is a two or more point lead, or the first team to 27 points. A win is the best of three games. If a third game is needed, the first team to reach 15 points will be the winner; win by two points, cap at 17 points. If a third game is not needed, it can be played if time permits, however, an unnecessary third game cannot be started after 40 minutes into the match (be sure to note starting time of match). **Games will begin at the scheduled time per the schedule regardless of the end time of the previous match.**

6. Toss of a coin decides the service and choice of court for the first game. Away team makes the call. Each team will change courts after each game. If the first two games are split, a toss for the service or side will occur prior to the third game. One player should be designated as captain, however, the libero may not act as floor captain.

7. Each team is allowed two time-outs per game of one minute in duration. If a third time out is called, a point will be awarded to the opposing team for delay of game, and loss of serve if serving.

8. Each team is allowed 18 substitutions per game.

9. Warm up times will follow a 3 min. – 3 min. – 3 min. – 2 min. format unless otherwise mutually agreed upon by both head coaches.

10. The libero position may be utilized at all levels. Libero must have a numbered uniform which is a contrasting color from the rest of the team (pinneys may be worn if the number is visible). Libero can serve.

11. In the event that a team is playing with five players, there shall be NO “*Ghost Rule*”. The Ghost Rule states that each time the missing player rotates to position #1, a point and service is immediately awarded to the opponent.

Legal Hits

12. A player may not serve until the referee blows the whistle. A player has 5 seconds in which to complete the serve. A player may not step on or over the serving line. A tape 5' in from the end line will be placed the full length of the court. This line will be used only for the 5th and 6th grade teams. All teams are allowed to serve from any point along the back line. 5th and 6th grade teams are not allowed to serve overhand from the short line. Players will be allowed one re-serve toss per server; the referee will indicate a re-serve. 5th and 6th grade teams can serve 5 points at the short line and then must move back to the regular serving line (30' line) for any additional serves. If a player starts serving at the back line, they must stay at that line during that rotation. If they choose to move up to the shorter line their next time up to serve, this is ok.

13. A let serve is allowed at all grade levels.

14. Simultaneous contact of the ball may be followed by a second hit by either of the persons. A double hit is allowed on a hard hit ball or serve.

15. A player may play the ball off the ceiling on the player's side, which includes the lights. A ball that hits the ceiling on side B, after being hit on side A, is an advantage for side B. A ball that hits the back or side wall is out of play. No player may touch the net during play of the game. A player may touch the center line with a foot but may not go over the line with the whole foot.

16. On the serve, players at all grade levels may set or pass.

17. Players rotate on every side out, including the first serve. All players must call for stop of play to substitute. If a substitution is made for a player who starts a game, unless there is an injury, the substitute player may only be replaced by the original starting player. In the event of an incorrect rotation, a point shall be awarded to the opposing team along with the ball, and the violating team shall fix the rotation.

Illegal Hits

18. The following constitute an illegal hit:

A definite lift or carry; an obvious push.

Double contact with the body; except on the serve or hard-driven ball.

An attack on serve.

Court Regulations

19. Court dimensions are 30 by 60 feet

Net height should be: Girls = 7 feet, 0 inches; Boys = 7 feet, 4 inches

Solid center line

25-foot forward service line (see Rule #12)

Home teams provide warm up balls; a first aid kit should be readily available

For those schools where the basketball apparatus hangs onto the playing area, each school or referee must determine playability prior to playing the game.

20. League admissions are: \$2.00/adult, \$1.00/student, free/under five. Schools may offer family rates.