## The Role of the Sponsor



Sponsors are companions on the journey of faith and will have a real function of spiritual direction to perform for their candidates, and should be chosen accordingly.

## **Selecting a Sponsor**

## **Requirements for sponsors:**

- 1 Be at least 16 years old
- 2 Be a confirmed Catholic who has received the sacrament of Eucharist and participates in the sacramental life of the Church
- 3 Be other than your mother or father
- 4 Be designated by you—the candidate

## Characteristics to look for in a sponsor:

- Preferably be from the parish or from the immediate area so as to be available as a real companion to you on the journey
- Be able to relate in friendship with you
- Be a good listener, one with whom you can confide about your personal and spiritual life
- Be willing and able to share his/her own experience of faith
- Be willing to pray for you and with you
- Be willing and able to make the time commitment to the Confirmation process
- Be willing to continue to walk your faith journey with you <u>after Confirmation</u> and invite you <u>into fuller participation in parish life and service</u>
- Be willing to see that the confirmed person acts as a true witness to Christ and faithfully fulfills the obligations connected with this sacrament

Your Confirmation sponsor should have been chosen prior to the information meeting. The sponsor's name and contact information must be recorded on the Candidate Form and submitted to the Youth Ministry Office or turned in the night of the meeting. If you still need more time for choosing a sponsor, please contact the Youth Ministry Office.