



EWTN

Global Catholic
Network

“O QUEEN OF HEAVEN”

MARIAN ANTIPHONS AND PRAYERS



“O QUEEN OF HEAVEN” MARIAN ANTIPHONS AND PRAYERS



Copyright 2024 by EWTN Publishing, Inc.
5817 Old Leeds Road, Irondale, Alabama 35210 USA
Tel.: 1.800.447.3986 | ewtn.com

Cover art: *Coronation of the Virgin Mary*, by Diego Velázquez

Scripture taken from the Catholic Edition of the Revised Standard Version of the Bible,
copyright © 1965, 1966,
National Council of the Churches of Christ
in the United States of America.
Used by permission.
All rights reserved worldwide.



EWTN | Global
Catholic
Network

ewtn.com

Table of Contents

Introduction	Page 3
Antiphon: Alma Redemptoris Mater	Page 4
Antiphon: Ave Regina Caelorum	Page 5
Antiphon: Regina Caeli	Page 6
Antiphon: Salve Regina	Page 8
The Angelus	Page 10
The Memorare	Page 12
Consecrations to the Immaculate Heart	Page 13



Introduction

The eternal decision of the Father that His Son would be Incarnate of the Virgin Mary determined all the graces, prerogatives, and titles attributed to her by the Church. Among these is her Queenship.

Assumed into Heaven, Mary sits at the right hand of her Son, from where, as both our Queen and Mother, she intercedes on our behalf, so that we, as her spiritual children, may also share in her Son’s Kingdom (cf. Rev. 4:4). As a child calls for his mother when he is scared or hurt, we can always call on our heavenly Mother when we have any need.

The antiphons and prayers in this book have developed in the Church, therefore, both to honor Our Lady and to seek her intercession. Since they were traditionally prayed and sung in Latin, both the English and Latin texts are included.

The Marian antiphons are usually part of Compline (Night Prayer) in the Liturgy of the Hours but are also used in other contexts – the Regina Caeli substitutes for the Angelus during the Easter Season, and the Salve Regina is often used to conclude the Rosary. They may also be used for private or family devotion, particularly to conclude the last prayers of the day.

While they may be used at any season of the year, they are especially appropriate as indicated below, except that the Regina Caeli is not used during Lent, as it contains the Alleluia.

- Alma Redemptoris Mater (especially Advent & Christmas Seasons)
- Ave Regina Caelorum
- Regina Caeli (Easter Season; not used during Lent)
- Salve Regina

May we all grow in love of the Blessed Mother, as she continually points us to her beloved Son.



Alma Redemptoris Mater (O Loving Mother of Our Redeemer)

(Especially appropriate for Advent and Christmas Seasons)

Loving mother of the Redeemer, gate of Heaven, star of the sea,
assist your people who have fallen yet strive to rise again.
To the wonderment of nature, you bore your Creator,
Yet remained a virgin after as before.
You who received Gabriel’s joyful greeting,
have pity on us poor sinners.

Latin text:

Alma Redemptoris Mater, quae pervia caeli
Porta manes, et stella maris, succurre cadenti,
Surgere qui curat populo: tu quae genuisti,
Natura mirante, tuum sanctum Genitorem,
Virgo prius ac posterius, Gabrielis ab ore
Sumens illud Ave, peccatorum miserere.



Ave Regina Caelorum

(Hail, Queen of Heaven)

Hail, Queen of Heaven;
Hail, Mistress of the Angels;
Hail, root of Jesse,
Hail, the gate through which
the Light rose over the earth.
Rejoice, Virgin most renowned
and of unsurpassed beauty.
Farewell, O most beautiful one,
and beseech Christ for us.

Latin text:

Ave, Regina caelorum,
Ave, Domina Angelorum;
Salve, radix, salve, porta
Ex qua mundo lux est orta:
Gaude, Virgo gloriosa,
Super omnes speciosa,
Vale, o valde decora,
Et pro nobis Christum exora.



Regina Caeli

(O Queen of Heaven)

(May be sung or recited as an antiphon, except during Lent)

Queen of Heaven, rejoice, alleluia.
For He whom you did merit to bear, alleluia.
Has risen, as He said, alleluia.
Pray for us to God, alleluia.
Rejoice and be glad, O Virgin Mary, alleluia.
For the Lord has truly risen, alleluia.

(During Easter Season, in place of the Angelus at 6 a.m., noon, and 6 p.m.)

V. Queen of Heaven, rejoice, alleluia.
R. For He whom you did merit to bear, alleluia.
V. Has risen, as He said, alleluia.
R. Pray for us to God, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord has truly risen, alleluia.

Let us pray. O God, who gave joy to the world through the Resurrection of Thy Son, Our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

(continued)



“O QUEEN OF HEAVEN” MARIAN ANTIPHONS AND PRAYERS

Latin text:

Regina caeli, laetare, alleluia.
Quia quem meruisti portare, alleluia.
Resurrexit, sicut dixit, alleluia.
Ora pro nobis Deum, alleluia.
Gaude et laetare, Virgo Maria, alleluia.
Quia surrexit Dominus vere, alleluia.

(During Easter Season, in place of the Angelus at 6 a.m., noon, and 6 p.m.)

V. Regina caeli, laetare, alleluia.
R. Quia quem meruisti portare, alleluia.
V. Resurrexit, sicut dixit, alleluia.
R. Ora pro nobis Deum, alleluia.
V. Gaude et laetare, Virgo Maria, alleluia.
R. Quia surrexit Dominus vere, alleluia.

Oremus. Deus, qui per resurrectionem Filii Tui, Domini nostri Iesu Christi, mundum laetificare dignatus es: praesta, quaesumus; ut per eius Genetricem Virginem Mariam, perpetuae capiamus gaudia vitae. Per eundem Christum Dominum nostrum. Amen.



Salve Regina

(Hail, Holy Queen)

Hail, holy Queen, Mother of mercy,
our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

For use with the Rosary add the following:

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

Outside of the Rosary this prayer may added:

Let us pray. Almighty and everlasting God, Who by the working of the Holy Spirit did prepare both body and soul of the glorious Virgin Mother, Mary, that she might deserve to be made a worthy dwelling for Thy Son, grant that we who rejoice in her memory, may, by her loving intercession, be delivered from present evils and from lasting death, through the same Christ our Lord. Amen.

(continued)



“O QUEEN OF HEAVEN” MARIAN ANTIPHONS AND PRAYERS

Latin text:

Salve, Regina, mater misericordiae;
vita, dulcedo et spes nostra, salve.
Ad te clamamus exsules filii Hevae.
Ad te suspiramus gementes et flentes
in hac lacrimarum valle.

Eia ergo, advocata nostra,
illos tuos misericordes oculos ad nos converte.
Et Iesum, benedictum fructum ventris tui,
nobis post hoc exsilium ostende.
O clemens, o pia, o dulcis Virgo Maria.

V. Ora pro nobis, sancta Dei Genitrix.
R. Ut digni efficamur promissionibus Christi.

For use with the Rosary add the following:

Oremus: Deus, cujus Unigénitus, per vitam, mortem et resurrectionem suam nobis salutis æternæ præmia comparavit: concède, quæsumus; ut, hæc mystéria sanctissimo beátæ Mariæ Virginis Rosário recolentes; et imitémur quod contém, et quod promittunt, assequámur. Per eúmdem Christum Dóminum nostrum. Amen.

Outside of the Rosary this prayer may added:

Oremus. Omnipotens sempiterne Deus, qui gloriosae Virginis Matris Mariae Corpus et animam, ut dignum Filii Tui habitaculum effici mereretur, Spiritu Sancto cooperante, praeparasti, da, ut cuius commemoratione laetamur; eius pia intercessione, ab instantibus malis et a morte perpetua liberemur. Per eundem Christum Dominum nostrum. Amen.



The Angelus

V. The Angel of the Lord declared unto Mary:

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V. Behold the handmaid of the Lord:

R. Be it done unto me according to Thy word.

Hail Mary ...

V. And the Word was made Flesh:

R. And dwelt among us.

Hail Mary ...

V. Pray for us, O Holy Mother of God,

R. that we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

(continued)



“O QUEEN OF HEAVEN” MARIAN ANTIPHONS AND PRAYERS

Latin text:

V. Angelus Domini nuntiavit Mariæ,
R. Et concepit de Spiritu Sancto.

Ave Maria, gratia plena, Dominus tecum. Benedicta tu in mulieribus, et benedictus fructus ventris tui, Iesus. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostræ. Amen.

V. Ecce ancilla Domini.
R. Fiat mihi secundum verbum tuum.

Ave Maria ...

V. Et Verbum caro factum est.
R. Et habitavit in nobis.

Ave Maria ...

V. Ora pro nobis, Sancta Dei Genitrix.
R. Ut digni efficiamur promissionibus Christi.

Oremus. Gratiam tuam, quæsumus, Domine, mentibus nostris infunde; ut qui, Angelo nuntiante, Christi Filii Tui incarnationem cognovimus, per passionem eius et Crucem ad resurrectionis gloriam perducamur. Per eundem Christum Dominum nostrum. Amen.



The Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thine intercession
was left unaided.

Inspired by this confidence,
I fly unto thee, O Virgin of virgins, my Mother;
to thee do I come, before thee I stand,
sinful and sorrowful.

O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me.
Amen.



Consecrations to the Immaculate Heart

(composed by Ven. Pope Pius XII)

The Pope who declared the dogma of the Assumption, and later saw the Miracle of the Sun while praying in the Vatican Gardens, composed a number of prayers, including these in satisfaction of the purposes for which Our Lady came to Fatima. Consecrations should be undertaken with seriousness and not casually, in keeping with what we offer to God and ask Him to grant.

To the Immaculate Heart:

Mary, Virgin most powerful and Mother of mercy, Queen of Heaven and Refuge of sinners, we consecrate ourselves to thine Immaculate Heart.

We consecrate to thee our very being and our whole life; all that we have, all that we love, all that we are. To thee we give our bodies, our hearts, and our souls; to thee we give our homes, our families, our country. We desire that all that is in us and around us may belong to thee and may share in the benefits of thy motherly benediction. And that this act of consecration may be truly efficacious and lasting, we renew this day at thy feet the promises of our Baptism and our first Holy Communion.

We pledge ourselves to profess courageously and at all times the truths of our holy Faith, and to live as befits Catholics who are duly submissive to all the directions of the Pope and the Bishops in communion with him. We pledge ourselves to keep the commandments of God and His Church, in particular to keep holy the Lord's Day. We likewise pledge ourselves to make the consoling practices of the Christian religion, and above all, Holy Communion, an integral part of our lives, in so far as we shall be able so to do.

Finally, we promise thee, O glorious Mother of God and loving Mother of men, to devote ourselves whole-heartedly to the service of thy blessed cult, in order to hasten and assure, through the sovereignty of thine Immaculate Heart, the coming of the kingdom of the Sacred Heart of thine adorable Son, in our own hearts and in those of all men, in our country and in all the world, as in Heaven, so on earth.

(continued)



“O QUEEN OF HEAVEN” MARIAN ANTIPHONS AND PRAYERS

To the Sorrowful and Immaculate Heart:

Most Holy Virgin Mary, tender Mother of men, to fulfill the desires of the Sacred Heart of Jesus and the request of the Vicar of your Son on earth, we consecrate ourselves and our families to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary, and we recommend to you all the people of our country and all the world.

Please accept our consecration, dearest Mother, and use us as you wish to accomplish your designs in the world.

O Sorrowful and Immaculate Heart of Mary, Queen of the Most Holy Rosary, and Queen of the World, rule over us, together with the Sacred Heart of Jesus Christ, Our King. Save us from the spreading flood of modern paganism; kindle in our hearts and homes the love of purity, the practice of a virtuous life, an ardent zeal for souls, and a desire to pray the Rosary more faithfully.

We come with confidence to you, O Throne of Grace and Mother of Fair Love. In flame us with the same Divine Fire which has inflamed your own Sorrowful and Immaculate Heart. Make our hearts and homes your shrine, and through us, make the Heart of Jesus, together with your rule, triumph in every heart and home. Amen.



About Us

Founded more than 40 years ago by a Poor Clare of Perpetual Adoration (PCPA), Mother Mary Angelica of the Annunciation, EWTN is the largest religious media network in the world. EWTN’s 11 global TV channels are broadcast in multiple languages 24 hours a day, seven days a week to over 435 million television households in more than 160 countries and territories. EWTN platforms also include radio services transmitted through SIRIUS/XM, iHeart Radio, and over 600 domestic and international AM & FM radio affiliates; a worldwide shortwave radio service; one of the largest Catholic websites in the U.S. and second only to the Vatican worldwide; electronic and print news services, including Catholic News Agency, *National Catholic Register* newspaper, and several global news wire services; as well as EWTN Publishing, its book publishing division.

Learn More About EWTN

EWTN

Seasons and Feasts

Television Programs

Radio Programs

Make a one-time gift or become a monthly donor



EWTN

Global
Catholic
Network

ewtn.com

15