



Catholic
Answers

A painting of Jesus Christ with a glowing Sacred Heart, set against a background of abstract, fiery colors. The Sacred Heart is depicted as a bright, glowing red heart with rays of light emanating from it, held in Jesus's hands.

NOVENA TO THE SACRED HEART OF JESUS

DAILY PRAYER

Each day, begin with the following prayer:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O my Jesus, you have said:

“Truly I say to you, ask and it will be given you, seek and you will find, knock and it will be opened to you.”

Behold, I knock, I seek and ask for the grace of [mention your request here].

Our Father...
Hail Mary...
Glory Be...

Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, you have said:

“Truly I say to you, if you ask anything of the Father in my name, he will give it to you.”

Behold, in your name, I ask the Father for the grace of [mention your request here].

Our Father...
Hail Mary...
Glory Be...

Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, you have said:

“Truly I say to you, heaven and earth will pass away but my words will not pass away.”

Encouraged by your infallible words, I now ask for the grace of [mention your request here].

Our Father...
Hail Mary...
Glory Be...

Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Hail, Holy Queen...

St. Joseph, foster father of Jesus, pray for us.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

OPTIONAL MEDITATIONS

O my Jesus, you have said, "Truly I say to you, ask and it will be given you, seek and you will find, knock and it will be opened to you." Behold, I knock, I seek and ask for the grace of [mention your request here].

O my Jesus, you have said, "Truly I say to you, if you ask anything of the Father in my name, He will give it to you." Behold, in your name, I ask the Father for the grace of [mention your request here].

O my Jesus, you have said, "Truly I say to you, heaven and earth will pass away, but my words will not pass away." Encouraged by your infallible words, I now ask for the grace of [mention your request here].

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender Mother and ours.

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

CLOSING PRAYERS

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Hail, Holy Queen...

St. Joseph, foster father of Jesus, pray for us.

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The novena can be prayed at any time of the year, but it is traditionally prayed for nine consecutive days, often leading up to the Feast of the Sacred Heart, which is celebrated 19 days after Pentecost.